

## Subscribe To The Eagle Lake Headlight 234-5521

We would like to thank everyone for their support and sympathy shown during the loss of our beloved mother. Your many deeds, calls, cards, and especially your prayers have been a source of our strength and comfort. Special thanks to Dr. Cantu, Rice Medical Center, Living Hope Church, Pastor Joe and Mercy Fling and the Eagle Lake Funeral Home. May God Bless each and everyone of you. From Trine Alvarado Family

**Eagle Lake Funeral Home**  
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### Treatments are Available for Preeclampsia

A condition characterized by high blood pressure during pregnancy is called *Preeclampsia*. The condition is diagnosed when, after 20 weeks of pregnancy, elevated blood pressure and excess protein in the urine is present. Usually the condition is not severe, however serious complications may result, including seizures, placental abruption, and severe bleeding. Signs and symptoms include dizziness, severe headaches, vision changes, and upper abdominal pain. Potential causes include insufficient blood flow to the uterus and abnormalities of the blood vessels. The immune system and diet also may play a role. Pregnant women at increased risk for preeclampsia include those who have a family history of the condition, and are over the age of 35, obese, in the first pregnancy, or carrying twins.

Treatments are available to reduce the risk of complications. Bed rest may help decrease blood pressure and increase blood flow to the placenta. Steroids may be given to improve liver and platelet function. Early labor induction or a scheduled C-section may be required. Magnesium sulfate may be given intravenously during the delivery to prevent seizures and increase uterine blood flow. Blood pressure usually decreases to normal within several weeks following delivery.



## Views Around The Lake

by Cindy Klopsteck

What is orange and black but will not be knocking on your door this Halloween?

Hint: The colors are indeed timely but have nothing to do with the holiday we are celebrating this week.

The creature just boasts the colors so prominent with Halloween and, as part of nature's mysterious clockwork, passes through quietly and gracefully about this time every year.

The answer is the Monarch butterfly - the beautiful, majestic Monarch butterfly.

Around this area, we follow goose migration closely, but the journey of the Monarch is a miraculous and inspiring story.

These delicate creatures are the only insects that can fly 2,500 miles to warmer climate. Their life cycle, which includes their annual travel into Central Mexico, is one of the most interesting journeys in nature.

Two specific websites provide fascinating information: [www.monarchbutterflyusa.com](http://www.monarchbutterflyusa.com) and [www.learner.org/jnorth/monarch.com](http://www.learner.org/jnorth/monarch.com), which provides updated postings every Friday on the status of the Monarch journey.

On October 26 there were large Monarch sightings in Houston and Sargent. This made me wonder if there were sightings in our area last week, as the City of Eagle Lake lies right in the flight zone.

I decided to check with the Atwater Prairie Chicken Refuge since their specialty is nature and conservation.

They reported seeing evidence of "spotted migration," with only a few butterflies in their specific area.

I spied small concentrations of five or six to a group fluttering

around the office, occasionally settling on shrubbery.

Little did I realize my biggest find would come from the center of town - Johnny Meitzen was at the post office that day showing a friend his new camera and some recent pictures he had taken.

I became interested when I discovered the pictures were of Monarch butterflies that had lighted on some greenery near his house.

He said he was surprised to see Monarchs landing in groups and decided, to my delight, to capture them on film.

This was the best sighting reported to me thus far in the Eagle Lake area. The butterflies will usually settle in the evening and are gone by early the next day.

Monarchs begin crossing into

Mexico annually this time of year. They have even been spotted directly over the Gulf of Mexico as they fly over offshore oil platforms.

They travel to the same place each year - twelve isolated mountaintops just north of Mexico City, which is a natural forest habitat for this insect.

Naturalists and Monarch followers say the timely question now is: Will they arrive at their "overwintering" sites by the traditional November 1 date? Follow the website updates to find the answer.

I have always been a lover of butterflies and now plan to log faithfully onto the websites and become an official tracker.

Besides being known for its beauty and vagabond spirit, I

think the simple life of the Monarch could teach humans a thing or two about life.

Timing is everything, so we're told, in business, sports, theatre and stage, music...in life.

And we may all be wondering where "time" and the recent month of October has gone. As we grow older our days seem to move slower as the years move faster. We'll soon see the holidays arriving and '08 upon us.

Then there's nature's timing - geese and butterflies in yearly migration, all in their own time and on nature's own schedule.

Perhaps for us it's a good time to reflect on the Monarch and this delicate balance of nature.

"The butterfly counts not days but moments...and has time enough." -Rabind Tagore



## Library Lines

### By Patty Holloway

If these beautiful cool autumn days make you feel ambitious and you want to cook something different than the same old same old or you are feeling creative and want to try your hand at making November decorations or even making costumes for Halloween or Christmas plays the Wintermann Library has all of the how to books you will need.

Fabulous Fun Costumes by Juliet Moxley has some easy angel, fairy and Indian costumes patterns and there are even suggestions for games.

Nature Crafts by Mary Elizabeth Johnson and Katherine Gearson is a book offering seasonal projects made from natural materials.

The Ultimate Southern Living cookbook has page after page of wonderful timeless recipes with all manner of helpful hints and techniques. There are seven pages devoted just to turkey and other birds. The Diabetics Holiday Cookbook has over 100 recipes for Christmas Kwanza and Hanukuh and many other festive occasions.

Autumn Passages, A Ducks

Unlimited treasury of waterfowl classics is a lovely book to enjoy on a rainy weekend. You can enjoy the outdoors while reading this book by a nice cozy indoor fireplace without ever going outdoors.

Thanksgiving by Diana Karter Appelbaum is a thoroughly entertaining chronicle of America's oldest and most beloved holiday from the beginning to the present day. I hope you find something of interest here and come to the library and check out these books or some that may be of interest to you.

Also while you are in the library please notice the fall pumpkin collection loaned to us by Grace Dell Cooper.

Our annual book sale is Friday,

November 2 from 10 a.m.-5:30 p.m. and Saturday November 3 from 10 a.m.-1:30 p.m. There is a big variety to choose from.

The book discussion group will meet on Monday, November 26, at 2 p.m. The current book they are reading is *A Thousand Splendid Suns* by Khaled Hosseini. This is a story set against the volatile events of Afghanistan's last 30 years. This group is open is everyone so please come and join them.

Your library is a busy active place. For the month of September we registered eight new readers, 214 patrons used the computers and 469 books were issued. Our total circulation was 774.

The following memorials are gratefully acknowledged by the library: In memory of Mrs. Dorothy Kohleffel: Mrs. Kate Spalinger, Mrs. Mae Ashby, Mrs. Lynda Evans; in memory of Trip Clipson; Mrs. Lynda Evans; in memory of Henry Dostal: Mr. and Mrs. Robert Wilcox; in memory of Julia Roberts: Bill and Dixie Gatcher; in memory of Avis Laughlin: Mr. and Mrs. Bob Wilcox, Mr. and Mrs. George Causey, Mr. and Mrs. Paul Causey; in memory of Ted Meldahl: City of Eagle Lake; in memory of Doris Clipson; Mr. and Mrs. Paul Causey.

Mrs. Lynda Evans has given memorials in honor of the following people: Orville Powers, Jack Holden, Philip Soto, Corvin Frenzel, Bea Scott, Ruth Balas, Verlin Argo, Doris Smith (Mrs. T.J.), Eloise Potter, Boyce Fore.

A reminder: The Wintermann Library will be closed Monday, November 12.

## The Eagle Lake Volunteer Fire Department

will hold their annual

**Stew Supper and Silent Auction**

on Tuesday, Nov. 6, 2007 (Election Day)

Dine-in and visit with the firemen and look at their equipment. A drive thru will be available as well.

Purchase your tickets from any fireman.



If you'd like to donate a much needed item to the silent auction contact Kurt Sunderman at 979-234-7175

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**Eagle Lake Headlight**

## Attend the Church of Your Choice...

EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.  
 GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.  
 GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.  
 MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.  
 LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.  
 BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.  
 ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.  
 CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.  
 THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.  
 GREATER NEW FAITH CHURCH: 6406 Guylar, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.  
 EAST BERNARD FIRST BAPTIST  
 FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.  
 FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.  
 IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.  
 GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.  
 WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.  
 PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.  
 CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.  
 ROCK ISLAND BAPTIST: Bob Allison, Pastor.  
 SHERIDAN FIRST BAPTIST: FM 2437; Rev. Jim Dunn, Pastor; 234-3136.  
 WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhoads, Pastor; 234-3800.

CHURCH OF CHRIST: Sheridan.  
 NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.  
 CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.  
 HOLY CROSS CATHOLIC CHURCH: East Bernard.  
 CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Spanish), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.  
 ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.  
 GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.  
 LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.  
 LISSIE UNITED METHODIST: J. L. Craft, Pastor; 234-2112, Lissie.  
 ROCK ISLAND METHODIST: Ken Seller Jr. Lay-Pastor.  
 UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.  
 FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.  
 VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.  
 CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.  
 THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St. Sealy; Marshall Crosby, Branch Pres.  
 CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.  
 THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.  
 SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.  
 ASSEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.  
 BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331 - non-denominational.

## Bible Verse of The Week

"Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon him; for he careth for you."

-1 Peter 5:6,7  
 Submitted by Neddy Phillips

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